## Electrical Test of УС21-Progress (DC-1) • Disabling/Enabling ВД-СУ Mode w/ БИТС Powerdown

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:20	CDR	MO-8: setup
	FE-1	Calf volume measurement
06:20-06:30	CDR	Can volume measurement
06:20-06:35	FE-1 CDR	Body mass measurement
06:35–06:50		
06:35–07:00	FE-1	Post-sleep
06:50-07:00	CDR	MO-8: closeout ops
07:00–07:10		Post-sleep
07:00–07:50	FE-1	BREAKFAST
07:10–07:50	CDR	DNEANFAST
07:50-08:15	CDK	Prep for work
07:50-08:20	FE-1	
08:15-08:20	CDR	PLANTS-2: payload status check
08:20-08:35		Daily planning conference (S-band)
08:35–10:05		Installation of Matching Unit YC-21 container (interface to Progress effectors) (VHF + S-band)
10:05–10:20	FE-1	HRF GASMAP powerup for 30-day functionality test
10:05–10:15	CDR	On MCC GO: mating of TLM-connectors to БИТС2-12
10:15–11:15	CDK	Physical exercise (VELO + Load Trainer-1 / day 3)
10:20-10:50	FE-1	Plug-in plan audit
11:00–12:15	L-1	Physical exercise (TVIS)
11:15–12:20	CDR	ODF replacement
12:15–12:20	FE-1	Weekly maintenance of TVIS
12:20–13:20		LUNCH
13:20–14:05	FE-1	HRF GASMAP 30-day functionality test
13:20–14:00	CDR	Maintenance of СОЖ
14:05–16:05		Unloading and IMS tracking of Progress M1-10 cargo
16:05–16:45	CDR	IMS file prep
16:05–16:20		HRF GASMAP powerdown after 30-day functionality test
16:20–16:30	FE-1	Increment 7 daily payload status
16:30–16:35	<b> - -</b> 1	LAB window closure
16:45–17:00		Video survey of TVIS cable system
16:45–18:15	CDR	Physical exercise (TVIS-3)
17:00–18:15	FE-1	Physical exercise (RED)
18:15–18:30		Daily plan review
18:30–18:45		Daily planning conference (S-band)
18:45–19:00		Daily plan review
19:00–19:30		Prep for work

19:30–20:00	DINNER
20:00–20:30	Daily food prep
20:30–21:30	Pre-sleep
21:30-06:00	SLEEP

NOTE: See OSTP for references to US procedures

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